

The Opaque Elephant

Providing creative workshops and experiences



Workshop & Creative Experiences Catalogue

from August 2026

How does it work?

As every event is unique, every experience package is unique.

I have a selection of workshops and experiences that can be tailored to the needs of your audience, venue, event or goals.

Workshops

All structured workshops are suitable for up to 20 participants and last for two hours.

You can book up to three sessions per day in any combination.

Drop-In Experiences

Some workshops can be adapted into drop-in sessions, which may be more suitable for your event. This will depend on your audience and venue. The Community Painting is always a drop-in experience.

Areas Covered

I am based in Ashfield, Nottinghamshire and cover most of this area, Nottingham, and some parts of Derbyshire as standard.

For longer events, I am happy to travel further afield. If you want to check if I will be able to travel to you, please send an enquiry that includes your postcode.

Your Venue

I will travel to your venue or event to deliver the workshop or creative experience.

No Experience Necessary

Every workshop is designed to support complete beginners in getting creative. No experience or innate talent needed.

Pricing

Due to the bespoke nature of creative packages, contracts will be priced based on individual requirements.

Building Your Experience

It's quite straightforward to start developing your creative experience package. If you need some help, you're always welcome to get in touch for some support.

1. Choose Your Audience

Select the type of booking that best matches your event, whether that's a community group, private party, corporate wellbeing session or festival.

2. Choose Your Experience(s)

Browse the workshop collection and decide which activities best suit your event. You can choose a single workshop, combine multiple sessions or discuss larger creative experiences such as collaborative community art or festival drop-in activities.

3. Tell Me About Your Event

Complete the enquiry form or book a free discovery call to tell me about your plans. We'll discuss your venue, group size, preferred activities, dates, accessibility requirements and any other ideas.

4. Receive Your Bespoke Proposal

I'll put together a tailored proposal including recommended workshops, timings and a clear quotation.

Because every event is different, quotations are personalised to your requirements, with plenty of opportunity to make changes before confirming your booking.

5. Enjoy Creating

Once everything is confirmed, I'll bring everything needed for the workshop. All you need to provide is the venue and your participants. Then it's time to relax, get creative and enjoy the experience together.

Experience Overviews

Community Groups Private Parties Corporate Bookings Festivals & Large Events

Connect in Colour: Explore colour, movement and creative self-expression through painting.				
Creative Flow: Relax with patterns, mark-making and intuitive drawing techniques.				
Hidden Worlds: Discover unexpected landscapes, creatures and stories using flowing inks.				
Body Printing: Celebrate self-expression and body positivity through playful printmaking.				
Creative Journalling: Explore thoughts, ideas and experiences through mixed media journalling.				
Trust the Process: A collaborative painting experience exploring creativity, trust and letting go.				
Community Painting: Create a large collaborative artwork together throughout your event.				
Lessons from Nature: Find inspiration in nature through photography, reflection and creative writing.				
Intention Jars: Create a symbolic keepsake inspired by nature, folklore and personal intention.				
Nature Knots: Craft decorative pieces using natural materials, fibres and simple construction techniques.				

Connect in Colour

Explore colour, movement and creative self-expression through a series of accessible painting exercises. This workshop encourages participants to let go of perfection, experiment with different techniques and discover how colour can be used to communicate ideas and emotions. No previous artistic experience is needed.

Participants will:

- experiment with expressive painting
- explore colour, movement and creativity
- leave with their own artwork

Most suitable for

- Community Groups
- Private Parties
- Corporate Wellbeing
- Creative Programming at Events

Ideal if you're looking for...

- A relaxed painting session
- Building confidence
- Encouraging creativity



At a Glance

- 2 hours duration
- Up to 20 participants
- Painting-based

Workshop Focus

- Painting
- Self-expression
- Mindfulness
- Confidence

"I think the whole process was so mindful and satisfying - really helps you focus and reset"

Creative Flow

Discover the joy of intuitive drawing through patterns, mark-making, and creative play. Inspired by several different mindfulness methods in art, these workshops focus on repetitive movements and colour to create calm - and beautiful artwork! No previous artistic experience necessary.

Participants will:

- explore mark-making and using shapes to relax
- use colour to represent ideas and thoughts
- create a unique artwork centred on patterns and fluid movement

Most suitable for

- Community Groups
- Corporate Wellbeing
- Creative Programming at Events

Ideal if you're looking for...

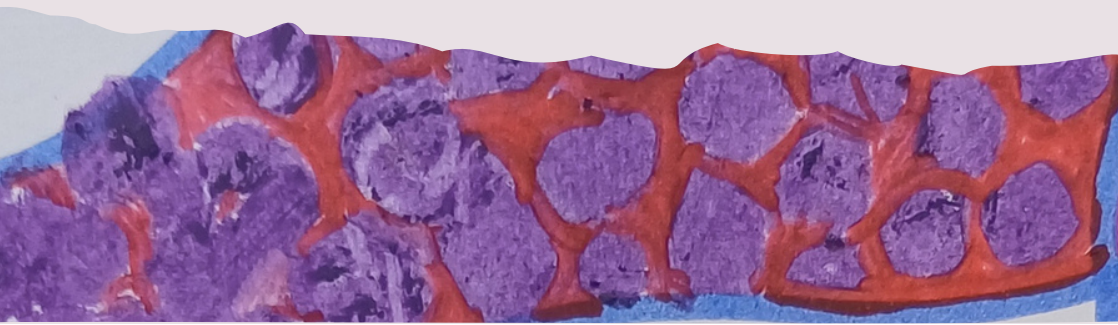
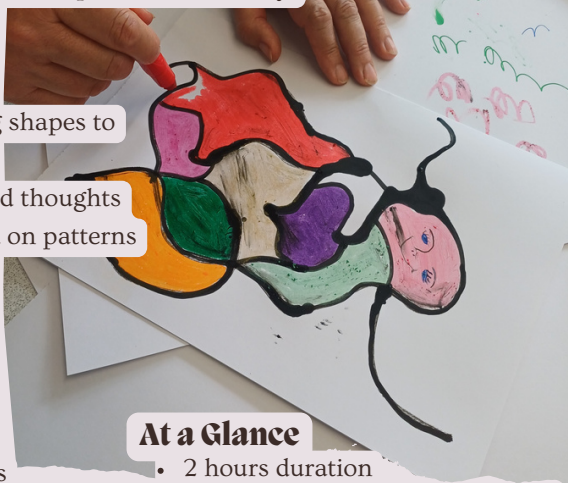
- A low-pressure activity suitable for anyone
- Learning methods for relaxation
- A calming activity to help alleviate stress

At a Glance

- 2 hours duration
- Up to 20 participants
- Markers & pencils-based

Workshop Focus

- Drawing
- Patterns
- Creativity
- Relaxation



Hidden Worlds

Experiment with flowing inks to uncover unexpected landscapes, creatures and stories hidden within the abstract. Learn to let go of control and embrace the unexpected with a piece of art that evolves almost endlessly. No previous experience necessary.

Participants will:

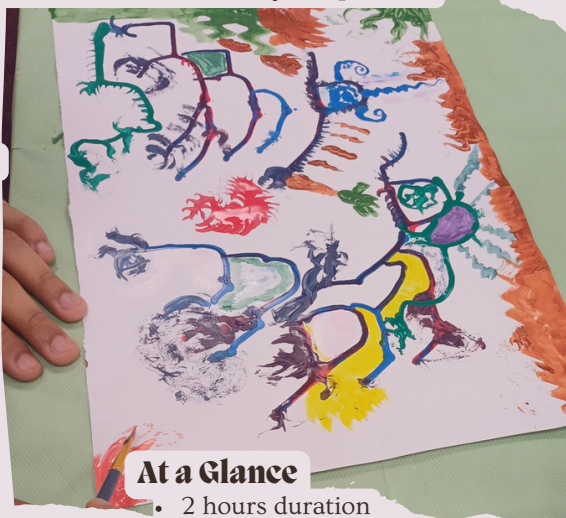
- experiment with a range of inks
- develop imaginative ideas
- create something truly unique

Most suitable for

- Community Groups
- Private Parties
- Corporate Wellbeing

Ideal if you're looking for...

- Developing imagination
- Encouraging curiosity and creative thinking
- Embracing mistakes & the unexpected



At a Glance

- 2 hours duration
- Up to 20 participants
- Ink-based

Workshop Focus

- Inks
- Imagination
- Play
- Exploration

"It was lovely to do something I wouldn't normally think of doing."

Creative Journalling

Combine writing, collage, and mixed media to capture thoughts, ideas and experiences. Learn how to use different mediums to explore and present these ideas and process emotions.

Participants will:

- explore guided prompts
- experiment with mixed media
- create personalised journal pages

Most suitable for

- Community Groups
- Private Parties
- Corporate Wellbeing

Ideal if you're looking for...

- Slowing down
- New ways to explore ideas and thoughts
- Alternative forms of presentation



At a Glance

- 2 hours duration
- Up to 20 participants
- Mixed media

Workshop Focus

- Journalling
- Mixed media
- Reflection
- Creativity



Trust the Process

A collaborative painting experience where participants are encouraged to 'trust the process' by letting go of complete ownership. Participants will develop pieces together to encourage trust, communication, and being part of a team.

Participants will:

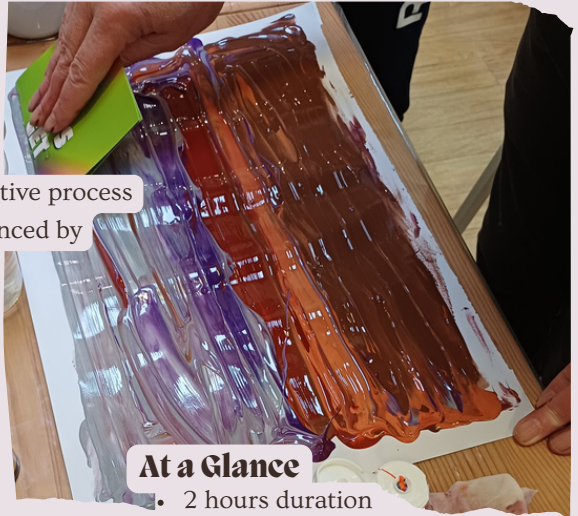
- work collaboratively
- embrace uncertainty in the creative process
- complete a piece of work influenced by others

Most suitable for

- Community Groups
- Corporate Wellbeing & Team-Building

Ideal if you're looking for...

- Building trust
- Developing teamwork
- A unique ice-breaker event



At a Glance

- 2 hours duration
- Up to 20 participants
- Mixed media

Workshop Focus

- Collaboration
- Feedback
- Teamwork
- Trust



Lessons from Nature

Use nature photography as inspiration for reflective writing and storytelling. With a focus on uncovering the hidden stories in everyday moments, this workshop encourages participants to slow down, learn about life, and express themselves in a variety of written formats.

Participants will:

- respond to nature-inspired prompts
- explore creative writing and sensory prompts
- create reflective written pieces

Most suitable for

- Community Groups
- Corporate Wellbeing

Ideal if you're looking for...

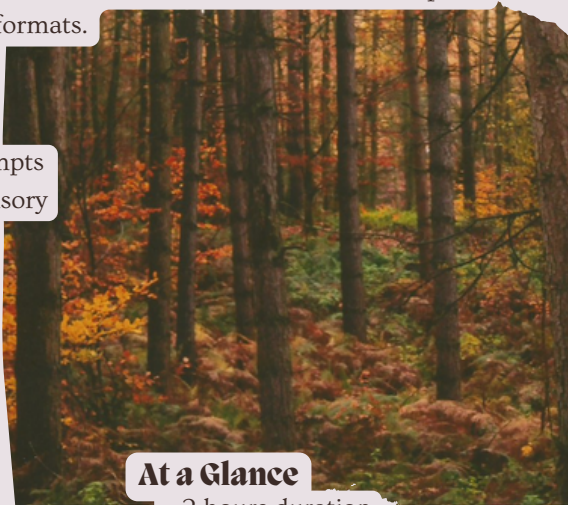
- Encouraging mindfulness
- Storytelling through nature
- Ways to explore life through metaphor

At a Glance

- 2 hours duration
- Up to 20 participants
- Creative writing

Workshop Focus

- Nature observation
- Writing
- Reflection
- Symbolism



"I never had this kind of teaching in school."



Intention Jars

Uncover your goals and aspirations through a short reflection, understand the symbolism of different colours and natural ingredients and put it all together in an intention jar. Fully guided and suitable for complete beginners.

Participants will:

- reflect on their goals and aspirations
- explore symbolism and folklore
- create a decorative keepsake

Most suitable for

- Community Groups
- Private Parties
- Festival creative programming

Ideal if you're looking for...

- Exploring symbolism
- Space to reflect on personal intentions
- Creating keepsakes

At a Glance

- 2 hours duration
- Up to 20 participants
- Crafting

Workshop Focus

- Symbolism
- Intention-setting
- Folklore
- Nature
- Crafting



Nature Knots

Create rustic decorative pieces using natural materials, twine, beads and seasonal treasures. Explore texture, pattern and simple construction techniques in a relaxing, hands-on workshop that celebrates creativity and the natural world. Suitable for complete beginners. Seasonal availability of materials may impact this workshop.

Participants will:

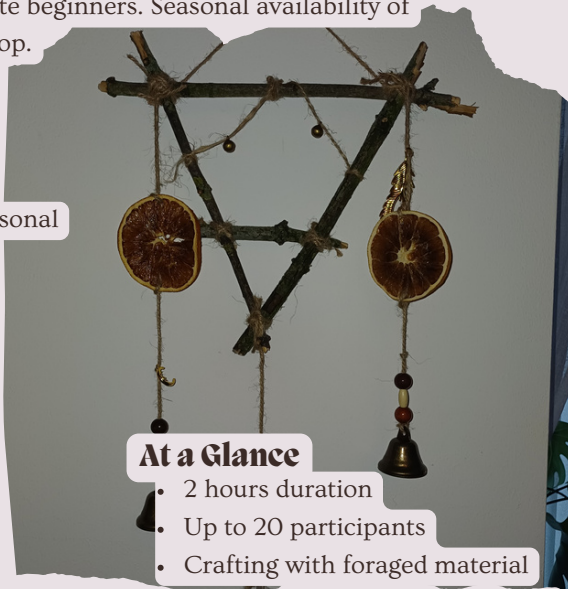
- work with foraged materials
- create rustic decorations
- explore texture, pattern and seasonal creativity

Most suitable for

- Community Groups
- Private Parties
- Festivals & events

Ideal if you're looking for...

- A tactile workshop
- Crafts connected to nature
- A seasonal theme



At a Glance

- 2 hours duration
- Up to 20 participants
- Crafting with foraged material

Workshop Focus

- Crafting
- Nature
- Sensory exploration



Body Printing

Celebrate self-expression and body positivity by using your body as a creative tool to create bold and colourful pieces. This workshop generally involves some nudity & is only suitable for adult groups.

Participants will:

- engage with reflection & group discussion
- experiment with printmaking using their body
- celebrate expression & body positivity

Most suitable for

- Private parties
- Creative programming for festivals

At a Glance

- 2 hours duration
- Up to 20 participants
- Paint-based

Ideal if you're looking for...

- A playful experience
- Improving confidence of participants
- A focus on body positivity

Workshop Focus

- Body positivity
- Print making
- Confidence
- Play



Community Painting

A drop-in experience for longer events, this experience centres upon a collaborative artwork. Participants are invited to leave their mark on large piece of work, building upon the work of others to create something special for your festival or event.

Participants will:

- add to a shared artwork
- express themselves creatively in a shared environment
- help create a shared memento of your event

Most suitable for

- Festivals
- Community events

Ideal if you're looking for...

- An engaging activity that encourages participation throughout a longer event
- Creating a memento for communities & special events



At a Glance

- Drop-in sessions (best for full or half days)
- Mixed media

Workshop Focus

- Community
- Collaboration
- Drop-in experiences
- Festivals



**Let's create
something
memorable.**

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Or book a [discovery call here.](#)